



Tweed Striders would like to invite you to join us for a social RUN. Not only will you get a physical workout, but you will also work out your brain as well!



Can you solve some mind-boggling riddles and take a picture to answer each on your run? Bonus points will be given for thinking outside the box. Don't forget to say 'cheese' and smile!

Date: Thursday 14<sup>th</sup> May.

All welcome

Choice of routes: 3 miles or 5 miles

Start time : Meet at 6:45pm for a 7pm start

Place: B and M car park

All you need is a sense of fun!

We look forward to introducing you to the sights of 'Bari Berwick' and sharing a chippy at the end of the night.

